

DAVID AND GOLIATH

VBS Lesson Outline | 1 Samuel 17

THE BIG IDEA

God uses ordinary people to do extraordinary things. David was young and untrained, but he trusted God more than his own strength. When we face giants in our lives, we can trust that same God.

MEMORY VERSE

"The Lord who rescued me from the paw of the lion and the paw of the bear will rescue me from the hand of this Philistine." (1 Samuel 17:37, NIV)

OPENING (5 minutes)

Ask: What is the biggest, scariest thing you can imagine? A bear? A dinosaur? Today we are going to meet a boy who faced a GIANT, and we will find out how he won.

STORY TIME (10 minutes)

Tell the story of David and Goliath from 1 Samuel 17. Key points: (1) Goliath was over nine feet tall and wore heavy armor. (2) The Israelite army was terrified. (3) David was just a shepherd boy bringing lunch to his brothers. (4) David volunteered because he trusted God. (5) David chose five smooth stones and his sling. (6) David declared that the battle belongs to the Lord. (7) One stone, one giant down. God gave the victory.

DISCUSSION (5 minutes)

Questions to ask: What giants (big problems) do you face? How did David prepare? (He practiced with his sling protecting sheep.) What did David say to Goliath about God? How can we trust God with our giants?

ACTIVITY TIME (15 minutes)

Option A: Slingshot Craft (see craft sheet). Option B: Coloring page (David facing Goliath). Option C: Memory verse practice with hand motions.

CLOSING PRAYER

Dear God, thank you for being bigger than any giant we face. Help us trust you like David did. Give us courage and faith. In Jesus' name, Amen.